**Home Learning Spring 1**

**Year 6** (Add RE, PE, MFL, PSHE)

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|  | **Week 1** | **Week 2** | **Week 3** | **Week 4** | **Week 5** | **Week 6** |
| English | Third Person Narrative | | Formal Letter | | Newspaper Report | |
|  | [Oak KS2: Sherlock Holmes – Mixed Outcomes (30 lessons)](https://classroom.thenational.academy/units/sherlock-holmes-mixed-outcomes-1f9b)  Start at lesson 1 and complete one lesson a day. | | | | | |
| Maths | Number: Decimals | | Number: Percentages | | Number: Algebra | Measures: converting units |
|  | White Rose Wk1  [Lesson 1](https://vimeo.com/485432781)  [Lesson 2](https://vimeo.com/485550430)  [Lesson 3](https://vimeo.com/487196408)  [Lesson 4](https://vimeo.com/487198038)  [Lesson 5](https://vimeo.com/488186549) | White Rose Wk2  [Lesson 1](https://vimeo.com/490690764)  [Lesson 2](https://vimeo.com/490691239)  [Lesson 3](https://vimeo.com/490691954)  [Lesson 4](https://vimeo.com/490693175)  [Lesson 5](https://vimeo.com/491237616) | White Rose Wk3  [Lesson 1](https://vimeo.com/491970120)  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk4  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk5  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk6  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 |
| Geography  **Volcanoes and Mountains** | What causes mountains and volcanoes? | Where are volcanoes found in the world? | What is the effect of a volcano eruption? | What is the earth made of? | What does the inside of a volcano look like? | What are the different types of volcanoes? |
|  | [Oak KS2: Mountains, Volcanoes and Earthquakes](https://classroom.thenational.academy/units/mountains-volcanoes-and-earthquakes-e02a)  Start at lesson 1 and complete 1 lesson a week. | | | | | |
| Science  **Properties and Changes of Materials** | What do I already know? | Could you compare and group materials based on specific properties? | Do materials disappear when they dissolve? | What factors will affect the rate of sugar dissolving? | How could you clean this dirty water? How could you separate out different mixtures or solutions? |  |
|  | [Oak Science: Separating mixtures](https://classroom.thenational.academy/units/separating-mixtures-9713) Lessons 1- 6  Start lesson 1 and complete one lesson a week. | | | | | |

**Year 5** (Add RE, PE, MFL, PSHE)

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|  | **Week 1** | **Week 2** | **Week 3** | **Week 4** | **Week 5** | **Week 6** |
| English | Diary Entry | | Information Text | | | Formal Letter |
|  | [Oak KS2: Oliver Twist – Narrative Writing (30 lessons)](https://classroom.thenational.academy/units/oliver-twist-narrative-writing-280c)  Start at lesson 1 and complete one lesson a day. | | | | | |
| Maths | Number: multiplication and division | | | Number: fractions | | |
|  | White Rose Wk1  [Lesson 1](https://vimeo.com/486774671)  [Lesson 2](https://vimeo.com/486775113)  [Lesson 3](https://vimeo.com/486775551)  [Lesson 4](https://vimeo.com/488075946)  [Lesson 5](https://vimeo.com/488076765) | White Rose Wk2  [Lesson 1](https://vimeo.com/488553863)  [Lesson 2](https://vimeo.com/488555095)  [Lesson 3](https://vimeo.com/488667737)  [Lesson 4](https://vimeo.com/488668598)  [Lesson 5](https://vimeo.com/488870720) | White Rose Wk3  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk4  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk5  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk6  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 |
| Geography  **Our World** | Can you locate these countries and capital cities? | | Can you locate the major topographic features? Mountain ranges, rivers. | | Can you describe the location of countries using correct terminology such as hemisphere and tropic? | |
|  | [Oak KS2: Building Locational Knowledge: Europe](https://classroom.thenational.academy/units/building-locational-knowledge-europe-0322) | | | | | |
| Science  **Forces** | What do I know already? | Why do objects fall to the earth? | How can we measure force? | Investigation: falling objects  How does air resistance affect a falling object? | | |
|  | [Oak Science: Forces](https://teachers.thenational.academy/units/forces-717d) Lessons 1- 6  Start at lesson 1 and complete one lesson a week. | | | | | |
| History    **Medieval and Tudor Monarchs** | In 1066, who was the rightful heir to the throne? | What happened at the Battle of Hastings? | Who was responsible for the death of Thomas Becket? | Who was the worse King: Richard or John? | Why did Henry VIII initiate the Reformation? | Was Elizabeth I ‘weak and feeble’? |
|  | Complete [these activities](https://www.bbc.co.uk/bitesize/articles/zmmsvk7) from BBC Bitesize to learn about Henry 8th. When you have completed them create a piece of work that shows what you have learnt. This could be anything eg. a piece of writing, a piece of art, a fact file, a quiz. | | | | | |

**Year 4** (Add RE, PE, MFL, PSHE)

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|  | **Week 1** | **Week 2** | **Week 3** | **Week 4** | **Week 5** | **Week 6** |
| English | Character Description | | Narrative | | | Persuasive Advert |
|  | [Oak KS2: The Borrowers – Narrative Writing (15 lessons)](https://classroom.thenational.academy/units/the-borrowers-narrative-writing-c96c)  Start at lesson 1 and complete one lesson a day. | | | [Oak KS2: The Jabberwocky – Narrative Writing](https://classroom.thenational.academy/units/the-jabberwocky-narrative-writing-1bd3)  Start at lesson 1 and complete one lesson a day. | | |
| Maths | Number: multiplication and division | | Measurement: area | Number: Fractions | | |
|  | White Rose Wk1  [Lesson 1](https://vimeo.com/490692507)  [Lesson 2](https://vimeo.com/491109801)  [Lesson 3](https://vimeo.com/491282075)  [Lesson 4](https://vimeo.com/492101020)  [Lesson 5](https://vimeo.com/491687378) | White Rose Wk2  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk3  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk4  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk5  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk6  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 |
| Geography  **Italy** | Where is Italy and locate the main topographical features. | What is the climate like in Italy? | What is a region? | Why is Italy divided into different regions and what are these? | What are the special features of Rome, Venice, Naples, Palermo, Milan, Aosta and Florence? | How do these cities compare to cities in the UK? |
|  | [Italy](https://www.bbc.co.uk/bitesize/topics/zrqs34j/resources/1) – What can you find out about Italy? Create a poster of fact file to show what you have learnt. Click on the link (Italy) to help you get started. | | | | | |
| Science  **States of Matter** | AFL elicitation task | What do we know about solids, liquids and gases? | Is it always to tell whether something is a solid, liquid or gas? | What makes a material change its state? | What temperature is it? | What is going on? |
|  | [Oak Science: States of matter](https://teachers.thenational.academy/units/states-of-matter-3a2a) Lessons 1- 6  Start at lesson 1 and complete one lesson a week. | | | | | |
| History    **Anglo Saxons and Scotts** | How do we know about the Anglo Saxons? | Why did Vortigern make a deal with the Anglo Saxons? | What was life like for the Anglo Saxons? | What did the Anglo Saxons believe? | What was the heptarchy? | How did Alfred the Great protect the Anglo Saxons? |
|  | Complete [these activities](https://www.bbc.co.uk/bitesize/articles/zjxq96f) on BBC Bitesize to learn more about the Anglo Saxon. When you have completed them create a piece of work that shows what you have learnt. This could be anything eg. a piece of writing, a piece of art, a fact file, a quiz. | | | | | |

**Year 3** (Add RE, PE, MFL, PSHE)

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|  | **Week 1** | **Week 2** | **Week 3** | **Week 4** | **Week 5** | **Week 6** |
| English | Setting Description | | Character Description | | Narrative | |
|  | [Oak KS2: BFG – Narrative Writing](https://classroom.thenational.academy/units/the-bfg-narrative-writing-8e62)  Start at lesson 1 and complete one lesson a day. | | [Oak KS2: Aladdin – Narrative Writing (20 lessons)](https://classroom.thenational.academy/units/aladdin-narrative-writing-a7f0)  Start at lesson 1 and complete one lesson a day. | | | |
| Maths | Number: multiplication and division | | Measurement: Money | | Statistics | |
|  | White Rose Wk1  [Lesson 1](https://vimeo.com/485432791)  [Lesson 2](https://vimeo.com/485433674)  [Lesson 3](https://vimeo.com/486330232)  [Lesson 4](https://vimeo.com/486331580)  [Lesson 5](https://vimeo.com/486513593) | White Rose Wk2  [Lesson 1](https://vimeo.com/489849543)  [Lesson 2](https://vimeo.com/489850121)  [Lesson 3](https://vimeo.com/489844871)  [Lesson 4](https://vimeo.com/489845622)  [Lesson 5](https://vimeo.com/489848691) | White Rose Wk3  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk4  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk5  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk6  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 |
| Geography    **The South West** |  | Where is the South West of England? | What does the physical geography of the SW look like? | What are the main cities and towns in the SW? | Why do people visit the South West? |  |
|  | [Oak KS1: Villages, Towns and Cities](https://classroom.thenational.academy/units/villages-towns-and-cities-28b9) Start at lesson 1 and complete 1 lesson each week. | | | | | |
| Science  **Rocks** | What do I already know about rocks, soils and fossils? | What are the different types of rocks around our school? | What is a rock? How do I describe it? | Rock Investigation | What is a fossil? How do fossils form?    What can you find out about fossils? Who is Mary Anning? | What is soil?  What have I learnt? |
|  | [OakScience: Rock cycle](https://classroom.thenational.academy/units/rock-cycle-bd29) Lessons 1- 6  Start at lesson 1 and complete one lesson a week. | | | | |  |
| History    **Ancient Egypt** | Why was the River Nile so important to Ancient Egyptians? | What was the structure of Ancient Egyptian society? | What was life like for Ancient Egyptians? | What did Ancient Egyptians believe about life after death? | Discover how the Egyptians built the pyramids | How do we know so much about Tutankhamun? |
|  | Complete [these activities](https://www.bbc.co.uk/bitesize/articles/zqrkg7h) on BBC Bitesize to find out about the Ancient Eqyptians. When you have completed them create a piece of work that shows what you have learnt. This could be anything eg. a piece of writing, a piece of art, a fact file, a quiz. | | | | | |

**Year 2** (Add RE, PE, MFL, PSHE)

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|  | **Week 1** | **Week 2** | **Week 3** | **Week 4** | **Week 5** | **Week 6** |
| English | Instructions | | Recount | | | Poetry |
|  | [Oak KS1: Instructions](https://classroom.thenational.academy/units/instructions-how-to-make-a-paper-crown-aa36)  Start at lesson 1 and complete one lesson a day. | | [Oak KS1: Recount: News report (10 lessons)](https://classroom.thenational.academy/units/recount-news-report-78da)  Start at lesson 1 and complete one lesson a day. | | | [Oak KS1: The Unlucky Man: character (5 lessons)](https://classroom.thenational.academy/units/the-unlucky-man-2e92) Start at lesson 1 and complete one lesson a day. |
| Maths | Multiplication and division | | Number and statistics | | Geometry: property of shape | |
|  | White Rose Wk1  [Lesson 1](https://vimeo.com/488106597)  [Lesson 2](https://vimeo.com/488108584)  [Lesson 3](https://vimeo.com/488110327)  [Lesson 4](https://vimeo.com/488111269)  [Lesson 5](https://vimeo.com/488113679) | White Rose Wk2  [Lesson 1](https://vimeo.com/490417143)  [Lesson 2](https://vimeo.com/490420115)  [Lesson 3](https://vimeo.com/490420447)  [Lesson 4](https://vimeo.com/490421314)  [Lesson 5](https://vimeo.com/490421912) | White Rose Wk3  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk4  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk5  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk6  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 |
| Geography    **Is everywhere in the world like here?** | Where is Tokyo? | How could I get to Tokyo from the UK? | What is it like to live in Tokyo? | What is the difference between Tokyo and the UK? | What is the same about Tokyo and the UK? |  |
|  | [Oak KS1: Seven Continents](https://classroom.thenational.academy/units/seven-continents-cf8c) Start at lesson 1 and complete 1 lesson a week. | | | | | |
| Science  **Uses of Everyday Materials** | What is in the bag?  How can I find out the answer to my question? | | What materials have been used to build a … car/ bike and why? | What material would make the best reflective jacket? | Who is John Dunlop/ Charles Macintosh or John McAdam? How did Charles Macintosh create a waterproof coat? | |
|  | [Oak Science: changing materials](https://teachers.thenational.academy/units/changing-materials-0397) Lessons 1- 6  Start at lesson 1 and complete one lesson a week. | | | | | |
| History  **Comparing the lives of 2 significant individuals:**  **Mary Seacole and Florence Nightingale** | Who was Florence Nightingale and when did she live? | How successful was Florence Nightingale at Scutari Hospital? | Who was Mary Seacole and when did she live? | How did Mary Seacole improve the lives of soldiers during the Crimean war? | What are the similarities and differences between Florence Nightingale and Mary Seacole? | How were their beliefs different to other nurses at that time? |
|  | [These activities](https://www.bbc.co.uk/bitesize/topics/zns9nrd/articles/znsct39) on BBC Bitesize tell you about Florence Nightingale. [These activities](https://www.bbc.co.uk/bitesize/topics/zns9nrd/articles/zjsxcqt) tell you about Mary Seacole. When you have watched them both, write 5 facts about each of the women. | | | | | |

**Year 1** (Add RE, PE, MFL, PSHE)

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|  | | **Week 1** | **Week 2** | **Week 3** | **Week 4** | **Week 5** | **Week 6** |
| English | | Narrative | | | Informal Letter (Postcard) | | Poem |
|  | | [Oak KS1: Monkeys and Hats: problems (10 lessons)](https://classroom.thenational.academy/units/monkeys-and-hats-problems-19ec)  Start at lesson 1 and complete one lesson a day. | | | [Oak KS1: Monkeys and Hats: recycled story (problems)](https://classroom.thenational.academy/units/monkeys-and-hats-recycled-story-problems-d194)  Start at lesson 1 and complete one lesson a day. | | |
| Phonics | | [Phase 5 Mastery L1 ay](https://youtu.be/Heqx-F9ifIE)  [Phase 5 Mastery L2 ou](https://youtu.be/CKaE2zIS8p8)  [Phase 5 Mastery L3 ie](https://youtu.be/4UiL0Wt895o)  [Phase 5 Mastery L4 ea](https://youtu.be/EozR3x5AN9k) | [Phase 5 Mastery L5 oy](https://youtu.be/okciBTgvcKw)  [Phase 5 Mastery L6 ir](https://youtu.be/IEnOS1MyRug)  [Phase 5 Mastery L7 ue as in cue](https://www.youtube.com/watch?v=xAXuLr8Sh_c)  [Phase 5 Mastery L8 ue](https://www.youtube.com/watch?v=UAIvOsxSlKs) as in blue | [Phase 5 Mastery L9 aw](https://www.youtube.com/watch?v=upi96wkjOis)  [Phase 5 Mastery L10 wh](https://youtu.be/HnuBxOAOvlk)  [Phase 5 Mastery L11 ph](https://youtu.be/CqqTizOyCK4)  [Phase 5 Mastery L12 ew](https://youtu.be/zV1ZqNZh59g) | [Phase 5 Mastery L13 oe](https://youtu.be/CfI89vLLUUg)  [Phase 5 Mastery L14 au](https://youtu.be/DvWhvA6nzz8)  [Phase 5 Mastery L15 ey](https://youtu.be/DvWhvA6nzz8%22%20%EF%BF%BDHYPERLINK%20%22https://youtu.be/-TiaStoGWBQ)  [Phase 5 Mastery L16 a-e](https://youtu.be/87_FAZcN8Jw) | [Phase 5 Mastery L17 e-e](https://youtu.be/LjlzXX1wZhI)  [Phase 5 Mastery L18 1-e](https://youtu.be/Bo-v_hqjq9U)  [Phase 5 Mastery L19 o-e](https://youtu.be/cF1a3hqm8eE)  [Phase 5 Mastery L20 u-e](https://youtu.be/CR3jDTR2jb8) | Consolidation Week Revision of Phase 5 Mastery lessons of parents’ choice |
| Maths | | Addition and Subtraction: within 20 | | | | Number and place value – within 50 | |
|  | White Rose Wk1  Consolidation Wk (T2 Wk 4)  [Lesson 1](https://vimeo.com/480768128)  [Lesson 2](https://vimeo.com/480769444)  [Lesson 3](https://vimeo.com/480324356)  [Lesson 4](https://vimeo.com/480325207)  [Lesson 5](https://vimeo.com/480325729) | White Rose Wk2  [Lesson 1](https://vimeo.com/490879063)  [Lesson 2](https://vimeo.com/490879463)  [Lesson 3](https://vimeo.com/490879867)  [Lesson 4](https://vimeo.com/490880277)  [Lesson 5](https://vimeo.com/490882337) | White Rose Wk3  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk4  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk5  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 | White Rose Wk6  Lesson 1  Lesson 2  Lesson 3  Lesson 4  Lesson 5 |
| History  **The Great Fire of London** | Where and when did the Great fire of London take place? | Why did the fire spread so quickly? | How did people try to put the fire out? | How long did the fire last? | Who was Samuel Pepys and what can we learn from him? | How has the Great Fire of London affected life today? |
|  | [Oak KS1: The Great Fire of London](https://classroom.thenational.academy/units/the-great-fire-of-london-7a50) Start at lesson 1 and complete 1 lesson a week. | | | | | |
| Geography  **Our School** |  | How would you help a visitor in our school find their way around? | Can you create a simple map of our school? | Can you find our school on an aerial photo/map? | What type of place is our school located in? |  |
|  | [Maps](https://www.bbc.co.uk/bitesize/clips/z8ngkqt) Can you create a map of your house or the street where you live? Watch the video via the link before you get started. | | | | | |
| Science  **Everyday Materials**    **Seasonal Changes** | What animals will I see around school? How do animals adapt during the changing seasons? | What can you tell me about these objects? | What materials can we find around out school? | Explore materials that have been washed up on the beach. How could you describe the objects in a bag? How could you sort the objects? |  | Which of the materials found at the beach will sink/float? |
|  | [Oak Science: Materials](https://teachers.thenational.academy/units/materials-de3f) Lessons 1- 6  Start at lesson 1 and complete one lesson a week. | | | | | |

**Foundation Stage**

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|  | **Week 1** | **Week 2** | **Week 3** | **Week 4** | **Week 5** | **Week 6** |
| **Phonics** - Must be done daily  (please adjust to your school) | [Phase 3 Mastery L14 ee](https://youtu.be/gJCCaeEPZIs)  [Phase 3 Mastery L15 igh](https://youtu.be/RYmfUPhq8BQ)  [Phase 3 Mastery L16 oa](https://youtu.be/NuG9KzAR3Uo)  [Phase 3 Mastery L17 oo](https://youtu.be/aUe7yiPDXdk) | [Phase 3 Mastery L18 ar](https://youtu.be/xmVp4AwiHAc)  [Phase 3 Mastery L19 or](https://youtu.be/xvJTVMS1-P4)  [Phase 3 Mastery L20 ur](https://youtu.be/-PmEYgUhosM)  [Phase 3 Mastery L21 ow](https://youtu.be/-PmEYgUhosM%22%20%EF%BF%BDHYPERLINK%20%22https://youtu.be/We81Vp-y2co) | [Phase 3 Mastery L22 oi](https://youtu.be/8nMbib1qzfY)  [Phase 3 Mastery L23 ear](https://youtu.be/_ejVN1WVOFE)  [Phase 3 Mastery L24 air](https://youtu.be/Ua69jAG_o-k)  [Phase 3 Mastery L25 ure](https://youtu.be/1Qjw_ahSy5g) | [Phase 3 Mastery L26 er](https://youtu.be/oudBM3TNhwc) |  |  |
| **Maths** -Must be done daily | Alive in 5!  Week 1 | Alive in 5!  Week 2 | Alive in 5!  Week 3 | Growing 6, 7, 8  Week 1 | Growing 6, 7, 8  Week 2 | Growing 6, 7, 8  Week 3 |
|  | [White Rose EYFS Home Learning](https://whiterosemaths.com/homelearning/early-years/%C2%A0)  Alive in 5 week 1 | [White Rose EYFS Home Learning](https://whiterosemaths.com/homelearning/early-years/%C2%A0)  Alive in 5 week 2 | [White Rose EYFS Home Learning](https://whiterosemaths.com/homelearning/early-years/%C2%A0)  Alive in 5 week 3 | [White Rose EYFS Home Learning](https://whiterosemaths.com/homelearning/early-years/%C2%A0)  Growing 6 7 8 Week 1 | [White Rose EYFS Home Learning](https://whiterosemaths.com/homelearning/early-years/%C2%A0)  Growing 6 7 8 Week 2 | [White Rose EYFS Home Learning](https://whiterosemaths.com/homelearning/early-years/%C2%A0)  Growing 6 7 8 Week 3 |
| Maths – Oak Lessons | [Addition and subtraction within 10](https://classroom.thenational.academy/units/addition-and-subtraction-within-10-d631) (5 lessons)  Complete one lesson a day starting at the first lesson. | [Numbers within 15](https://classroom.thenational.academy/units/numbers-within-15-7d41) (10 lessons)  Complete one lesson a day starting at the first lesson. | | [Numbers witihin 20 (10 lessons)](https://classroom.thenational.academy/units/numbers-within-20-edc2)  Complete one lesson a day starting at the first lesson. | | [Measures (5 lessons)](https://classroom.thenational.academy/units/measures-f350)  Complete one lesson a day starting at the first lesson. |
| Literacy  Communication & Language | [Oak Lessons: The Noisy House](https://classroom.thenational.academy/units/the-noisy-house-4bbb) (10 lessons)  Complete one lesson a day and start at lesson 1. | | [Oak Lessons: Bats Learn to Dance](https://classroom.thenational.academy/units/bat-learns-to-dance-8ce1)  (10 lessons)  Complete one lesson a day and start at lesson 1. | | [Oak Lessons: Little Red Hen](https://classroom.thenational.academy/units/little-red-hen-2e6d)  (10 lessons)  Complete one lesson a day and start at lesson 1. | |
| Below are some additional activities that you might like to do with your child if you have time and they would like to. Please post on Tapestry to share with us. | | | | | | |
| Physical | Can you make a penguin using different shapes? Draw shapes and cut them out. | Practice your letter formation – you could paint letters, make them with playdough, trace them in flour or write them in all different colours using felt tips. | Can you learn how to cut out snowflakes?    How many different snowflakes can you make? | Make a obstacle course in your garden or living room, find things to go over, under, along, through and around. Can you time yourself, what is your fasted time? | Can you make a name snowman?  Use round white circles, one for his head and write each letter of your name (forming letter correctly) on a different circles for his body, give him a hat, scarf and arms. | Can you use a timer and time how many of the following you can do in 30 seconds or 1 minute:  Star jumps  Catching a ball  Throwing a soft toy into a box or bucket  Hops  What other things could you try? |
| Personal & Social | Identify something you find tricky, set yourself a challenge to overcome it – tidying laces, making a bed etc. | Promote discussion where you talk about something you have done and at which you persevered. Make mum or dad a certificate to say well done! | Help your child to set a goal and talk through how they can achieve it, make a poster to remind you of your new goal. | Write down something good about each member of your household | Find out what jobs your grownups do, what did they have to do to get there? What did they have to learn to do their job well? | Did you achieve your goal? Have a celebration party! |
| Understanding the World | Where do Penguins & Polar Bears Live? Would you find them in the same place, use the internet to find out. Draw a picture or make a model to show where they live. | How many different animals can you find that live in the Artic and how many in Antarctica? | Can you draw a life cycle of a Penguin? Maybe you could label your picture. | What is your favourite Polar animal? Find out at least 3 facts about that animal. | Did you know that Polar Bears face extinction? Use the internet to find out why. What things can you do at home to help global warming? | This week is the celebration of Chinese New Year  Watch these Cbeebies clips  [Chinese New Year](https://www.bbc.co.uk/cbeebies/watch/chinese-new-year) |
| Expressive Art & Design | Draw and then paint a penguin, look carefully at a picture to help you | Sponge paint a Polar Scene background, draw some Polar animals, cut them out and stick them on your background | Use some building bricks or junk modelling to make a home for a Polar animal. | Can you make a colourful collage of your favourite Polar animal. | Dress up as a Polar animal or Polar Explorer and go on an adventure. | Can you make a moving dragon and do a dragon dance? |